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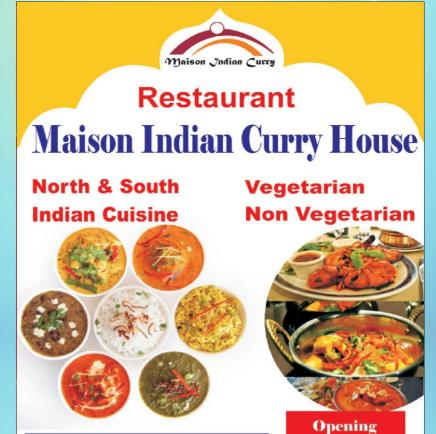
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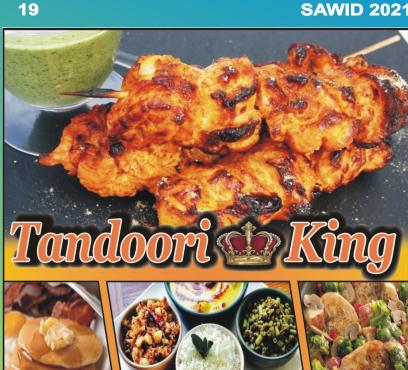
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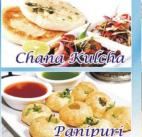
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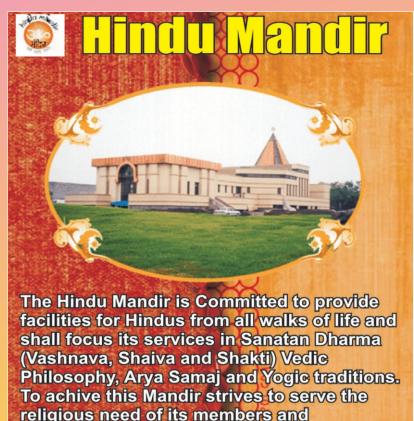
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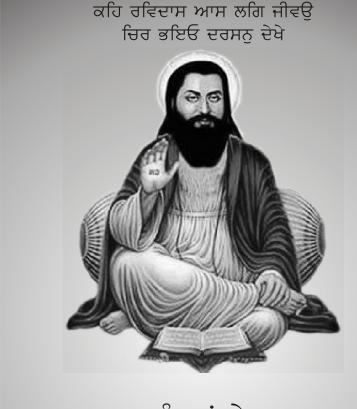
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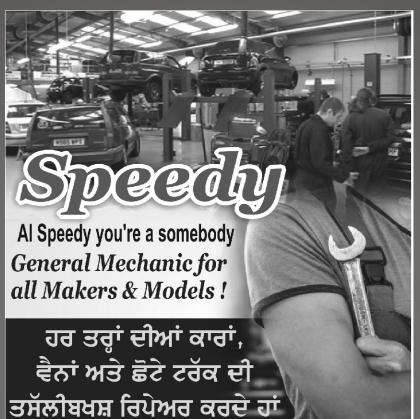
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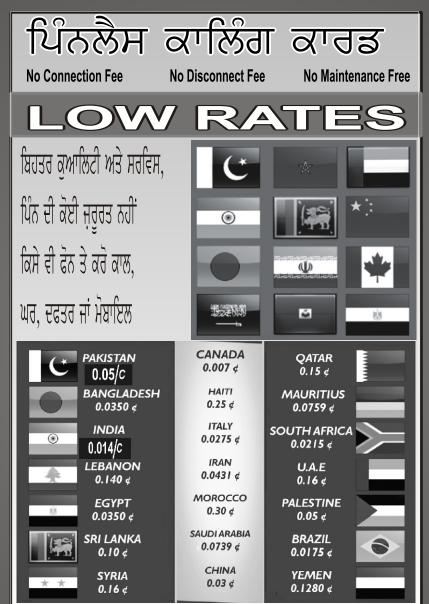




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Bharat Bhavan , 4225 Notre Dame West, Montreal, QC H3M , (514) 904-1675

Park Extension Location, 419 St. Roch , Montreal, QC H3M 1K2, (514) 270-7500; Fax: (514) 270-7600

Centre des fermes du Bangladesh, 419 St-Roch, @nd Floor, Rm. # 31, Cell: (514) 271-9499

Gujarati Samaj, P.O. Box 631, 15 Donegani, Pointe-Claire, QC, Canada H9R 4S7 Tel: 514-694-0476 or 514-880-3240 , jinni@gujaratisamaj.ca

Himalaya seniors, 415 St. Roch, Montreal QC H3N 1K2, (514) 271-4356, (514) 276-3936

India-Canada Organization of Montreal (ICO) 419 St-Roch, SS16, Montreal, QC (514) 388-1588

Institute of Yoga & Meditation, 15 Mont-Royal West, Suite 106, Montreal, Quebec H2T 2R9, www.yogamontreal.net

Intermational Society of Bangladesh, 419 St-Roch, 2nd Floor, # 17, Mtl. QC H3N 1K2, Tel: (514) 271-9499, Email: isb1989@hotmail.com

National Association of Canadians of Origins in India (NACOI), 24 St-Paul East, Montreal, QC H2Y 1G3, Tel: (514) 823 8395

Pakistan Candian Chamber of Commerce, Montreal, 7225 Durocher, Suite 315, Montreal, QC H3N 2Y3, (514) 272-6666

Rangla Punjab Sports and Cultural Association Call Secretary Manjeet Singh Atthwal (514) 827-2929 email at singh_manje@yahoo.com

Punjabi Association of Quebec: 1011 90th Avenue,Lasalle QC H8N 1A9, President: Kirpal Singh Bhandal (514) 809-8333.

The Bangladesh Hindu Kalyan Samity, 6-4181, Ave. Barclay, Montrea Tel: 514-935-5431

Malayalee Association of Quebec , Montreal , Quebec www.quebecmalayalee.com

World Tamil Movement, 4160 Van Horne, Mtl. QC H3S 1 S1, (514) 735-9984

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Hindu Mandir of Quebec 50 Kesmark Dollard Des Ormeaux, QC

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Gurdwara Guru Nanak Darbar, St. Roch 430 St. Roch, Montreal H3N 1K3 (514) 270-6660

Gurbani Sagar 8205 Durocher Montreal, QC H3N 2A8 (514) 276-2515

Gurudwara Sahib Quebec 2183 Wellington Montreal, QC H3K 1X1 (514) 934-1259

Gurdwara Sahib Greater Montreal 1155 Hyman (DDO) QC H9B 1M5 (514) 683-6100

Durga Aman Temple

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Montreal, QC H2R 2X8

The Hindu Devotional Society of Montreal

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www.srimahaganapathytemple.com

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(514) 340-8222

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Access Montreal - (514) 872-1111 - All services in Montreal

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Automatic Tax Info Line - (800) 267-6999 (Free advice on income tax)

Automobile Protection Association (514) 272-5555 http://www.apa.ca/ Non-profit organization that promotes consumer interests

Better Business Bureau of Montreal (514) 905-3893 http://www.bbb-bec.com/ Promotes ethical relations between businesses and consumers

Canadian Anti-Fraud Call Centre (888) 495-8501 For the victims of a scam

Canadian Human Rights Commission (514) 283-5218 http://www.chrc-ccdp.ca/ Responsible for ensuring compliance with the Employment Equity Act

City of Montreal 311 Infoabout services in Montreal and surrounding boroughs

Commission de la Santé et de la Sécurité du travail (CSST)

(514) 906-3000 - Answers questions regarding safety in the workplace

Commission des Normes du Travail (514) 873-7061 - Info on employee rights

Consumer Product Safety Bureau - Quebec Office

(514) 283-5488 For information, advice and copies of various publications on the safety of consumer products including baby products

Consumer Protection Office (514) 253-6556 (Protects consumers interests)

Family Allowance (Régie des Rentes)(800) 463-5185 Provincial child-assistance

Gas Odour Detectio (514) 598-3111 or 911 Should call 911 first

Gaz Metropolitain (514) 598-3222 (Customer service line)

Hazardous Waste Collection (514) 872-3434 Monday to Friday service

Health Insurance Card RAMQ (514) 864-3411 Health insurance card info line

Immigration Canada (888) 242-2100 Customer service line

Info Crime Quebec (514)393-1133 file an anonymous report about criminal activity

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http://www.mfa.gouv.gc.ca/ Information on daycare facilities

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Ministère de la Santé et des Services Sociaux (514) 644-4545

http://www.msss.gouv.gc.ca/ General information about health and social services

Montreal Police (514) 280-2222 For non-urgent situations

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Passport Office (800) 567-6868 http://www.ppt.gc.ca/ Customer service line **Poison Control Centre**

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Safe Kids Canada (888) 723-3847 http://www.safekidscanada.ca/ Information on the prevention of injuries to children

Centre de Femmes de Montreal (514) 842-4780

Movement Against Rape and Incest (514) 278-9383 For women and teenagers 16+

MOST VISITED PLACES

7 India

The rich history of India, along with its cultural and geographical diversity makes its international tourism appeal large and diverse. Let us have a look at the most visited places in India, where people from all over the world flow into, for an exotic vacation



Taj

Agra is the most visited city in India, since it is home to one of the greatest eternal symbols of love-Taj Mahal. This white domed marble mausoleum is one of the Seven Wonders of the World and has an epic love story behind it. Fatehpur Sikri, Agra Fort, Akbar's tomb, Ram Bagh and Sikandra fort are some of the must visit places in Agra, apart from Taj Mahal.



Kashmir

The Paradise on Earth, Kashmir's major attraction lies in its scenic beauty, snow clad peaks, lush green valleys, Alpine villages, cascading waterfalls, flower gardens etc. Kashmir is a destination worth visiting, during winter season where you can enjoy the boat ride on picturesque Dal Lake. The other major attractions are Gulmarg, Srinagar, Sonmarg, Nagin Lake, Pari Mahal, Shankracharya shrine and Pehalgam.



Goa

Goa, the smallest state of India is known for its exotic beaches with amazing sunset view, golden sand and coconut palms playing with the wind. If having a great time with a dear one is on your mind, Goa is the perfect place for togetherness. Tasty seafood, parasailing, wind surfing and water-skiing facilities make the beaches of Goa a core fun place. Alorna Fort, Ancestral Goa Museum, Arvalam Waterfalls, Chapora Fort and Calangute beach are some of the popular destinations in Goa.

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Kanyakumari

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Kanyakumari which is also known as Cape Comorin is the place where the three humungous water bodies namely, Indian Ocean, Arabian Sea and Bay of Bengal meet up. People cannot stop gazing at the darkening horizon and enjoy the moments of solitude. Sunset is more spectacular than a sunrise here and witnessing the setting of the sun makes up for a serene holiday. Lakhs of tourist, round the year are lured by the serene beauty of this place and the spectacles of sunrise and sunset.

Kerala

The enchanting backwaters of Kerala, the mesmerizing waterfalls, the hill stations and the serene atmosphere make the state one of the most preferred tourist destinations. Kerala Backwaters comprises of a chain of lagoons and lakes which lies parallel to the Arabian Sea. Acruise in the House boats gives tourists a unique and exciting chance to experience the beauty of the surrounding greenery and nearby villages. Munnar, Thekkady, Wayanad, Athirapally waterfalls, Varkala beach and Sree admanabhaswamy temple are the most preferred tourist destinations in Kerala.

Jaipur and Udaipur

Jaipur and Udaipur, located in Rajasthan gives us an insight into the rich cultural and artistic traditions of the state. Hawa Mahal or 'Palace of Winds', located in Jaipur , designed in the form of the crown of Lord Krishna is a beautiful construction, which draws tourists from all over the country. This pyramid shaped monument with 953 small windows stands as the entrance to the City Palace, Jaipur and is a notable sight here. The Lake Place of Udaipur is one of the most beautiful palaces in the world, which is now converted into a hotel equipped with 66 rooms and 17 suites.

Mysore

The cultural capital of Karnataka, Mysore is located at the base of Chamundi Hills and is noted for its palaces, mainly the Mysore Palace. This palace, also known as the Amba Vilas Place is one of the most famous tourist attractions in India after Taj Mahal and is visited by more than 2.7 million visitors annually. Mysore Dasara festival, celebrated here during the season of autumn attracts people from various parts of the world. Chamundeswari Temple, Sri Chamarajendra Zoological Gardens, St. Philomena's Church and Brindhavan garden are the popular landmarks of Mysore.





There is a story that is commonly Britain bought goods like textiles economic benefit to Britain itself. If any other country. But something anything, the administration of India changed in 1765, shortly after the was a cost to Britain. So the fact that East India Company took control of

of Britain's benevolence.

renowned economist Utsa Patnaik India, and then cleverly used a just published by Columbia portion of those revenues (about a University Press deals a crushing third) to fund the purchase of Indian blow to this narrative. Drawing on goods for British use. In other nearly two centuries of detailed data words, instead of paying for Indian on tax and trade, Patnaik calculated goods out of their own pocket, that Britain drained a total of nearly British traders acquired them for \$45 trillion from India during the free, "buying" from peasants and period 1765 to 1938.

It's a staggering sum. For been taken from them. perspective, \$45 trillion is 17 times It was a scam theft on a grand more than the total annual gross scale. Yet most Indians were domestic product of the United unaware of what was going on Kingdom todav.

How did this come about?

It happened through the trade one who showed up to buy their

told in Britain that the colonisation of and rice from Indian producers and India as horrible as it may have paid for them in the normal way was not of any major mostly with silver as they did with the empire was sustained for so the subcontinent and established a long the story goes was a gesture monopoly over Indian trade.

> Here's how it worked. The East India New research by the Company began collecting taxes in weavers using money that had just

because the agent who collected the taxes was not the same as the system. Prior to the colonial period. goods. Had it been the same person, they surely would have pay Indian producers. When smelled a rat.

Some of the stolen goods were consumed in Britain, and the rest were re-exported elsewhere. The reexport system allowed Britain to finance a flow of imports from Europe, including strategic materials like iron, tar and timber. which were essential to Britain's Meanwhile, London ended up industrialisation. Indeed, the with all of the gold and silver that Industrial Revolution depended in large part on this systematic theft from India. On top of this, the British were able to sell the stolen goods to other countries for much more than they "bought" them for in the first place, pocketing not only 100 percent of the original value of the goods but also the markup.

After the British Raj took over in 1858, colonisers added a special new twist to the tax-andbuy system. As the East India Company's monopoly broke down, Indian producers were allowed to export their goods directly to other countries. But Britain made sure that the payments for those goods nonetheless ended up in London. How did this work? Basically, anyone who wanted to buy goods from India would do so using special Council Bills a unique paper currency issued only by the British Crown. And the only way to get those bills was to buy them from London with gold or silver. So traders would pay London in gold to get the bills, and then use the bills to

Indians cashed the bills in at the local colonial office, they were "paid" in rupees out of tax revenues money that had just been collected from them. So, once again, they were not in fact paid at all; they were defrauded. should have gone directly to the Indians in exchange for their exports.

This corrupt system meant that even while India was running an impressive trade surplus with the rest of the world a surplus that lasted for three decades in the early 20th century it showed up as a deficit in the national accounts because the real income from India's exports was appropriated in its entirety by Britain. Some point to this fictional "deficit" as evidence that India was a liability to Britain.

But exactly the opposite is true. Britain intercepted enormous quantities of income that rightly belonged to Indian producers. India was the goose that laid the golden egg. Meanwhile, the "deficit" meant that India had no option but to borrow from Britain to finance its imports. So the entire Indian population was forced into completely unnecessary debt to their colonial overlords, further cementing British control.

Québec 🔡



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